

## Very Narrow Aisle Course

F1 Operator up

F2 Operator down

Our Very Narrow Aisle Courses are accredited through ITSSAR and will provide candidates with the basic knowledge and practical skills to operate a Very Narrow Aisle truck.

The course will comprise theoretical and practical instruction covering the following:

- Responsibilities under the Health and Safety at Work Act 1974
- Operators Safety Code
- Battery maintenance and charging procedures
- Pre shift checks
- Factors affecting stability
- Motive controls
- Hydraulic controls
- Manoeuvring in open and confined areas including entry and aisle safety procedures
- Stacking at different levels
- Destacking with laden and unladen pallets

### **Knowledge:**

On completion of training candidates will have gained a theoretical understanding of the following: -

- Responsibilities under the Health and Safety at Work Act 1974, PUWER 98 and LOLER 98
- Operators safety code
- Battery maintenance and charging procedures
- Pre shift checks
- Factors affecting stability
- Stacking and destacking in open areas and the confines of a very narrow aisle
- The knowledge of abseil requirements

### **Skill:**

On successful completion of training the candidate will be able to: -

- Drive and operate the lift truck safely and efficiently
- Stack and de-stack loads at various levels in a safe and competent manner
- Carry out pre-use checks to ensure the equipment is in a safe condition
- Carry out battery maintenance and charging procedures

The duration of the course varies depending on the candidate's previous experience from a 1 day periodic refresher course, a 2/3 day existing operator course to a 5 day novice course for new operators

On successfully passing the practical skills test candidates will be issued with an ITSSAR accredited certificate and registered on the ITSSAR TOPS database.

Refresher training is recommended every 3 years.

Contact a member of the team on 0191 4384702 for further details