

# Industrial Counterbalance Course

B1 Lift Truck up to and including 5 Tonne

B2 Lift Truck over 5 and up to /including 15 Tonne

B3 Lift Truck over 15 Tonne

B4 Stand on counterbalance

Our Industrial Counterbalance Forklift Courses are accredited through ITSSAR and will provide candidates with the basic knowledge and practical skills to operate a Counterbalance Forklift truck.

The course will comprise theoretical and practical instruction covering the following:

- The reasons and the need to train
- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98
- Operators Safety Code
- Battery maintenance, charging procedures and re-fuelling
- Pre-use checks
- Counterbalance principles and rated capacity
- Factors affecting machine stability
- Machine familiarisation and motive controls
- Hydraulic controls
- Load types
- Manoeuvring in open and confined areas
- Stacking and de-stacking at various levels (bulk stacking and racking systems)
- Stacking and de-stacking corner locating loads
- Vehicle loading and unloading

## ***Knowledge:***

On completion of training candidates will have gained a theoretical understanding of the following: -

- The reasons and the need to train
- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98
- Operators Safety Code
- Battery maintenance, charging procedures and re-fuelling
- Pre-use checks
- Counterbalance principles and rated capacity
- Factors affecting machine stability
- Simple hydraulic systems
- Load types
- Vehicle loading and unloading

## ***Skill:***

On successful completion of training the candidate will be able to: -

- Drive and operate the lift truck safely and efficiently
- Stack and de-stack loads at various levels in a safe and efficient manner
- Carry out pre-use checks to ensure the equipment is in a safe condition
- Carry out battery maintenance, charging procedures or re-fuelling operations safely
- Load and unload vehicles safely and efficiently

The duration of the course varies depending on the candidate's previous experience from a 1 day periodic refresher course, a 2/3 day existing operator course to a 5 day novice course for new operators

On successfully passing the practical skills test candidates will be issued with an ITSSAR accredited certificate and registered on the ITSSAR TOPS database.

Refresher training is recommended every 3 years.

Contact a member of the team on 0191 4384702 for further details